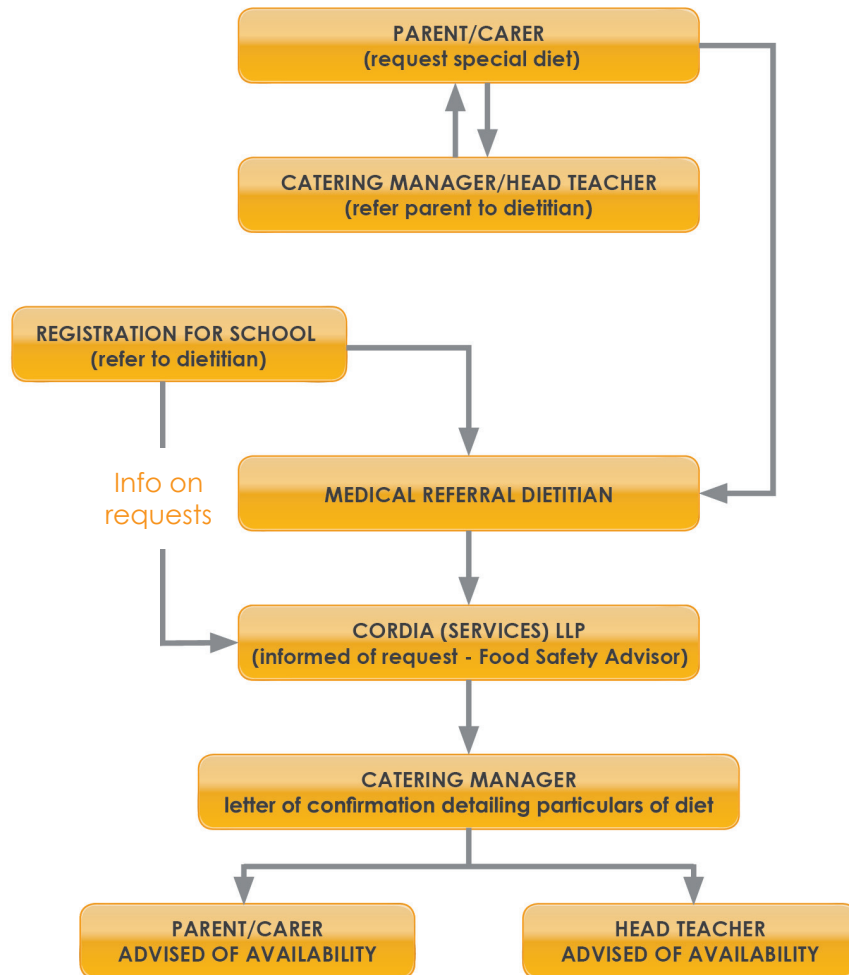


# Communication



## Medically Referred Diet Information Leaflet



### HELPLINE

Advice or assistance may be sought from:  
 Wendy Stewart, Training, Health & Food Safety Manager 0141 276 9617  
 Linda Quinn, Food Safety Advisor 0141 276 9613

[www.cordia.co.uk](http://www.cordia.co.uk)

**cordia**  
 DELIVERING FOR GLASGOW

# MEDICALLY REFERRED



## Diet Provision

**T**here are occasions when pupils are unable to eat the school meals available under the statutory meal provision due to medical reasons. Every effort is then made to ensure that a suitable alternative is provided.

Cordia will co-ordinate all such requests for medically referred diets, liaising with:

- Parent/Carers
- Head Teachers
- General Practitioners
- Dietitians
- Health Visitors
- Speech and Language Therapists
- Catering Managers



## Classification of Diets

Cordia as far as reasonably possible, is able to cater for a wide range of medical diets such as:

- Nut Free
- Egg Free
- Milk Free
- Additive Free
- Gluten Free
- Managing Diabetes



**I**f your child needs a medically restricted diet then contact your Head Teacher in the first instance. They will refer you to your dietitian who should pass your request onto Cordia. The Food Safety Advisor will then contact you to determine the exact diet that is required.

All requests for medical diets have to be supported in writing by the medical authorities. A state registered dietitian, a general practitioner, speech and language therapist or hospital consultant may issue requests clarifying the child's exact dietary needs. Verbal requests are not acceptable. Cordia and Glasgow City Council feels it is imperative that this policy is enforced since the diet of a child can have implications for their health both now and later in life. However, it should be noted that the ultimate responsibility for the meal provision will remain with the parent/carer.

All foods are screened for suitability.

Diet sheets and meal plans are prepared for Catering Managers use.

The dietary requirements of each child are regularly up-dated and reviewed.

